



Group Fitness Classes

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:15 AM	Jim	Jim	Jim	Jim	Jim	
6:00 AM						Jim
7:00 AM	Emily	Nat	Emily	Nat	Emily	
8:00 AM						Mike
9:30 AM	Destiny		Destiny		Destiny	
6:30 PM	Mike	Mike	Mike	Mike		

Group Fitness Rates: \$49/month for members | \$69/month for NON members